

2026 年 10 月 23 日

超8 · Lesson 8 · 《哈克贝利·费恩历险记》· 1 次朗读

1 次 · 2 页 276 词 95.3% +1.4 每分钟 75 词 +16 4 分钟

 盲听过

第 14-15 页

划线五段 276 词 · 课文约 1020L ·  家长盲听过 27 处

58

/100

读得又准又快，过去时还会丢

准确度		22/30
流利度		15/30
断句语调		13/25
发音		8/15

四项加起来 100 分：准确度 30 · 流利度 30 · 断句语调 25 · 发音 15。上一次 51 分。

 下次读之前

凑近看，看仔细了吗？

动词看到最后一个字母

got

ex · plored

spent

came

拿到了

探索了

度过了

来了

四个数字

95.3%

读对 263/276 词

75

每分钟正确词数

211秒

读完全段

91

次停顿

和 10/22 比

准确率 93.9% → 95.3%

+1.4

正确词/分 59 → 75

+16

几个词一停 3.0 → 3.0 词

持平

停顿占时长 27% → 26%

-1

课文蓝思 1210L → 1020L

易了 190L

都是手机拍的点读视频，录法一样，可以直接比；两次都是新内容的第一遍。单词表 10/22 是接在课文后面念的，这次单独录了一段，都不算进上面这些数。

细说

这次读了第 14-15 页的划线，276 个词错了 13 处，每分钟比 10/22 多读对 16 个词：

- **过去时读成了现在时** —— got、spent、explored、came 四处，-ed 和变了形的过去式都读回了原形
- **看岔了几个词** —— island、left、cave、hid 都读成了别的词，还漏了 I 和 rock
- **自己改回来三处** —— widow's 改回 willow、felt 改回 left、quickly 改回 quietly
- **划线全读到了** —— 10/22 第 12 页有一段没读，这次五段都读了；卡壳也从五处少到四处
- **单词表念对 13 个** —— saw 这次念准了；mattress、sinner 还是念了几遍才稳

读得好的地方

We hid the canoe under the **willow** branches

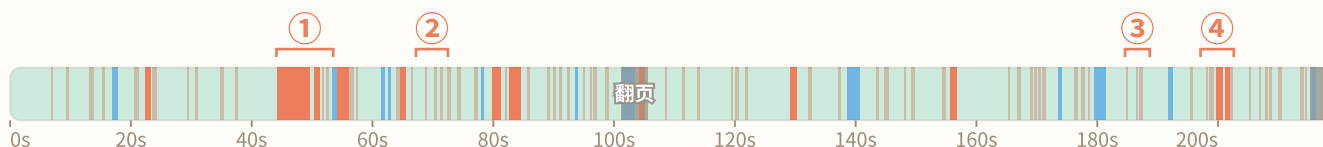
I **left** the dead snake curled up on Jim's bed

It was a good **hiding** place and we could keep things dry when it rained. Now we had our own safe **shelter**.

As I crept closer, I saw a man lying on the ground with a **blanket** over him.

先读成了 widow's，自己发现不对，退回去读成 willow。先读成 felt，停下来又改成 left —— 两个词字母一样，她自己看出来了。两句一口气读下来，没停没错。这一句读得很顺。

🕒 这 219 秒长什么样



在 读 句末停顿 · 10 次 句中长停 ≥0.8 秒 · 12 次 句中短停 · 69 次

① frightened me terribly

9.4 秒 me 后面停了 9 秒，terribly 念了两遍

💡 terrible 你认识吗？后面多了 -ly，变成什么意思？

② I moved quietly through

5.3 秒 先读成 quickly，又念了两遍 quietly

💡 拿着枪走近别人的火堆，他是想走得快，还是想不被听见？

③ I found a rattlesnake

4.1 秒 a 后面停了 4 秒

💡 拆成 rattle 和 snake，后半句你认识吗？

④ I left the dead snake

5.5 秒 先读成 felt，停了 5 秒又改回来

💡 手指从第一个字母往后指，l-e-f-t 和 f-e-l-t 谁先出来？

有几段不是在读，扣掉了：翻页 4.4 秒、读完了 3.2 秒。

第 14 页 0.5-101.2 秒 · 126 词 · 计错 6 处 · 语速 75 词/分

第 15 页 105.6-215.3 秒 · 150 词 · 计错 7 处 · 语速 82 词/分

两页错得差不多：第 14 页 126 词错 6 处，第 15 页 150 词错 7 处；四处卡壳两页各两处。

🔍 逐字比对 · 13 处

原文 I guessed they had stopped looking for me, so I went back to the canoe and **got**¹ some food. At night, I put up a tent with my blanket, and lit a campfire. I **spent**² the next three days the same way, feeding on fish and berries. On the fourth day, I **explored**³ the **island**⁴ and found the smoking campfire **left**⁵ by someone else. The idea that **I**⁶ was not alone there frightened me terribly.

实读 I guessed they had stopped looking for me, so I went back to the canoe and **get**¹ some food. At night, I put up a tent with my blanket, and lit a campfire. I **spend**² the next three days the same way, feeding on fish and berries. On the fourth day, I **explore**³ the **airlines**⁴ and found the smoking campfire **and**⁵ by someone else. The idea that **(漏读)**⁶ was not alone there frightened me terribly.

- 1 6.5 秒。got 读成 get
- 2 18.1 秒。spent 读成 spend
- 3 28.7 秒。explored 的 -d 没出来
- 4 30.3 秒。island 没读对，后面两次 island 都是对的
- 5 35.9 秒。left 读成 and
- 6 40.6 秒。that 后面直接接了 was

原文 He overheard Miss Watson would sell him to a slave trader, and then he ran away. He planned to float with a raft of logs down the river, but men **came**⁷ after him and were looking for him, so he had to stay on **this**⁸ island until the men stopped their searching.

实读 He overheard Miss Watson would sell him to a slave trader, and then he ran away. He planned to float with a raft of logs down the river, but men **comes**⁷ after him and were looking for him, so he had to stay on **the**⁸ island until the men stopped their searching.

7 125.4 秒。came 读成 comes

8 133.7 秒。this 读成 the

原文 On the island, Jim and I climbed up and found a big **rock**⁹ **cave**¹⁰ at the top of a hill. We **hid**¹¹ the canoe **under**¹² the willow branches on the shore and moved all our things to the cave. It was a good hiding place and we could keep things dry when it rained. Now we had our own safe shelter.

实读 On the island, Jim and I climbed up and found a big (漏读)⁹ **rug**¹⁰ at the top of a hill. We **had**¹¹ the canoe **then**¹² the willow branches on the shore and moved all our things to the cave. It was a good hiding place and we could keep things dry when it rained. Now we had our own safe shelter.

9 146.9 秒。rock 没读出来

10 146.9 秒。cave 读成了像 rug 的音

11 150.9 秒。hid 读成 had —— hid 是 hide 的过去式

12 152.5 秒。under 读成了像 then 的音

原文 A few days later, I found a rattlesnake in the cave and killed it. Then I played a trick on Jim. I left the dead snake **curled**¹³ up on Jim's bed as if it were still alive.

实读 A few days later, I found a rattlesnake in the cave and killed it. Then I played a trick on Jim. I left the dead snake **called**¹³ up on Jim's bed as if it were still alive.

13 205.1 秒。curled 读成 called

🌀 读了两遍才接上的地方 · 7 处

terribly terribly. It was almost

with a gun With a gun in my hand

quickly through the woods quietly through the woods

as a As I crept closer

widow's branches willow branches on the

ra rattlesnake in the cave

I felt the I left the dead

51.8 秒。me 后面停了 9 秒，terribly 念了两遍59.7 秒。with a gun 读了两遍67.2 秒。quietly 先读成 quickly，退回去重读78.6 秒。As 起了两次头153.7 秒。willow 先读成 widow's，自己改回来了184.6 秒。rattlesnake 前面起了个头197.1 秒。left 先读成 felt，自己改回来

abc 念第 3-7 页单词表（单独录的一段） · 28 个词

读对 13 · 试了几下才出来 9 · 要听一下 6

gang

帮派
像 gone

invest

投资

target

目标

make-believe

虚构的
隔了 12 秒才出来

catch

捕获物

saw

锯子

canoe

独木舟

bracelet

手链
像 breath that

wrecked

严重毁坏的
先出来 wrapped，又念了一遍

duke

公爵
念了两遍

towline

拖绳
像 tola

adore

爱慕；崇拜
像 adorn

sermon

布道
念了两遍

swamp

沼泽

alcohol

酒；酒精

preacher

传教士
像 freature

sinner

罪人
像 singer，后面又念了一遍

circus

马戏团

wharf

码头
像 wolf，后面嗯了两声

mattress

床垫
念了四遍才稳

tattoo

纹身
先出来 total

initials

姓名首字母
像 in shows

inn

小旅馆

crook

骗子

plantation

shed

disagreement

adopt

种植园

小棚屋

分歧

收养

起了两次头才出来

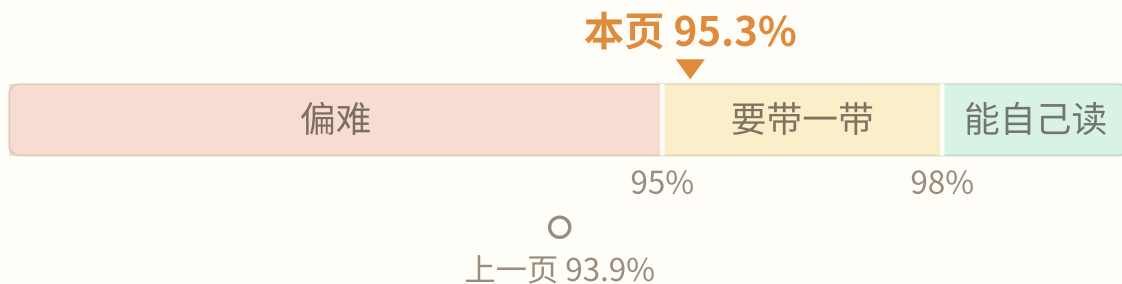
单词表是单独录的一段，不算进上面课文的数。saw 上两次都像 so，这次念准了；mattress、sinner、tattoo 还是念了几遍才稳。灰虚线那几个听着像另一个词，点开听一下她念的是不是对的。

✂️ 画好斜线的版本

He planned to float / with a raft of logs / down the river, / but men came after him / and were looking for him.

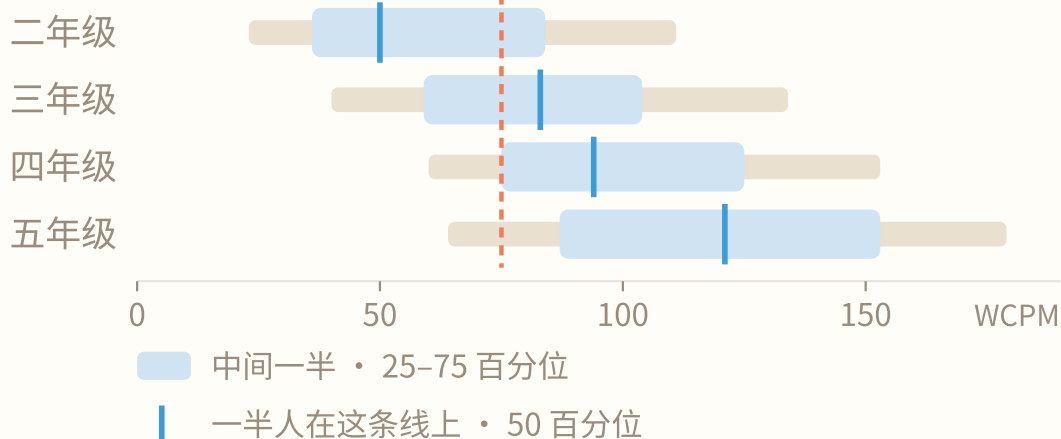
📍 三把尺子上的位置

准确率 • Fountas & Pinnell 分档



95.3% 落在「教学」这一档 —— 比 10/22 (93.9%) 往右挪了一截，跨过了 95% 那条线。276 个词错 13 处，每一处都是听过录音确认的。

每分钟正确词数 • Hasbrouck & Tindal 2017 秋季常模



75 个正确词/分钟：比 10/22 (59) 快了 16，落在**三年级秋季 25 百分位** (59) 和 **50 百分位** (83) 之间。母语常模只当参照系，不是及格线。

断句语调 · NAEP 朗读流利度 4 级

- 4 整句成组读，有语调、有表情
- 3 三四个词一组，断句基本合在意思上
- 2 两个词一组，偶尔三四个，还没什么语调**
- 1 一个词一个词往外蹦

[在这里](#)

平均 3.0 个词一组，和 10/22 一样；回读还有七处，按第 2 级放着。

分数是怎么来的

准确率 95.3% (读对 263 / 划线共 276 词)。替换、漏读、读错音计错；插入的词和退回去重读只算不流利、不计错。上面的比对列了 13 条、计错 13 处，每一处都是听过录音确认的。

每分钟正确词数 75 (WCPM) = 读对的 263 个词 ÷ 210.9 秒 × 60。录音开头、结尾和翻页那一下都不算进来。

断句取停顿里断在句子中间的那些，平均 3.0 个词一组。

录音是手机拍的点读视频，218.5 秒，读的是第 14-15 页划线的五段 (276 词)；单词表另录了一段 101 秒，单独评，不在上面这些数里；停顿按「说话声级 - 10 dB、持续 ≥ 0.25 秒」数。读错的地方都一处一处听过录音。

课文蓝思约 1020L 是估算，不是官方值：按蓝思公开的公式，用句子长短和生词多少来算，拿四本有官方值的英文原著校准过，整本书上误差约 50L。一次只读一两百个词，误差还会更大 —— 用来看这次比上次难还是易，别看个位数。

打卡评价 · 每天的作业，一份成绩单 